



Weekly Feature: Breakfast Sausage!

Sausage Egg Casserole

2 lbs med or mild sausage
1/2 lb Monterey Jack cheese (grated)
1/2 lb Cheddar cheese (grated)
2 cups milk
8 eggs
2/3 cup of flour
1/4 tsp pepper
1/4 tsp salt
1/8 tsp sage
1/4 tsp garlic

Brown sausage with seasonings, then drain.
Spray 9x13 pan, add sausage, then add cheese on top.
Mix eggs, flour, and milk in separate bowl, then pour over sausage/cheese.
Place in pre-heated oven at 350 degrees and bake for one hour.

If you prefer a spicier dish, add a can of green chilies!

A great supper served with grits or hash browns and biscuits or Texas toast!